



March 8 ~ Lent 3

Every Sunday	10.15am	Cathedral Sung Eucharist
2nd & 4th Sundays	5pm	Fellowship@5 Informal worship in the Narthex
3rd Sunday	5.15pm	Cathedral Evensong
Wednesdays	11am	Shorter Cathedral Eucharist
Thursdays	10am	Morning Prayer
ST JAMES ARDBRECKNISH		Easter Day: 11am with Bishop David
EPISCOPAL EUCHARIST IN KILBRANDON		Easter Day @ 3.30pm Provost Margi



SUNDAY MARCH 8 LENT 3

	10.15am	Sung Eucharist followed by coffee
	5pm	Fellowship @ 5—Lent Worship see poster
Tue 10	7pm	Lent Group @ 7 Balnakeil... see p2
Wed 11	11am	Shorter Eucharist followed by coffee
	7pm	Cathedral Vestry in the Macfarlane Room
Thu 12	10am	Morning Prayer
	10.30-11.30	Coffee Morning
	2pm	Lent Group in the Narthex see p2
	7pm	Cathedral Choir Practice
	7-8pm	Online Diocesan Lent Pilgrimage see p2
Fri 13	10.30am	Women's Group - see Mal or Ina for details see p3
Sat 14	9.30-11am	Dad's & Toddlers in the Hall see p3



Whoever drinks the water
Jesus gives, will never thirst.

John 4: 14

SUNDAY MARCH 15 MOTHERING SUNDAY

10.15am	Sung Eucharist 'All embracing love' followed by coffee
5.15pm	Evensong for Lent 4



THANK YOU to all who organised, set up, came along, contributed and enjoyed the Coffee Morning, raising funds for Marie Curie at the Cathedral. **An amazing £503 was raised!** Cakes to purchase after the 10.15am Eucharist to add to that total.

LENT APPEAL: EMBRACE THE MIDDLE EAST EMERGENCY APPEAL
Helping those devastated by the escalating devastation across the Middle East... see p 2 and <https://embraceme.org/emergency-appeal>

PALM SUNDAY

March 29

JOURNEY TO THE CROSS

10.15am The Passion Reading with anthems, hymns and Eucharist followed by coffee

LENT LUNCH from 11.45am in the Cathedral Hall
Booking required

COMPLINE at 6pm

ALL ARE WARMLY INVITED AS WE ENTER HOLY WEEK

ST JOHN'S EPISCOPAL CATHEDRAL,
GEORGE STREET, OBAN

Mothering Sunday Eucharist

March 15
10.15am

Refreshments afterwards

Giving thanks for all who have shown us
God's 'mothering love'

All welcome All invited

SC016664

ST JOHN'S EPISCOPAL CATHEDRAL, OBAN

Fellowship @ 5

LENT
Informal Worship

Loving Silence and Solitude
in a busy and noisy world

All Welcome

March 8

Every 2nd & 4th Sundays

5pm

St John's, Narthex, George Street

#inclusive #open #informal SC016664

ST JOHN'S EPISCOPAL CATHEDRAL, GEORGE STREET, OBAN.



LENT LUNCH

MEET AND EAT TOGETHER
ON PALM SUNDAY

March 29 from 11.45am
in the Lindsey Room (under Cathedral)

Contributions to
Bishop's Lent Appeal 2026
Embrace the Middle East
Scan QR and
enter Lent Appeal



Or contributions
on the day

Please
SIGN UP
on sheet
in the Narthex



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DIOCESAN ONLINE LENT PILGRIMAGE During Lent the Church has always understood itself as on the way. Lent is not simply about giving things up; it is about learning again how to walk — with God, with one another, and sometimes with ourselves. This course is an invitation to let that vision sink deeper, as a spiritual reality. Before pilgrimage becomes something we organise, it must become something we inhabit. Bishop David and the Canon Missioner will be co-leading three online sessions during Lent on **Thursday evenings from 7-8pm: February 26th, March 12th and 26th.** Based on *The Return of the Prodigal Son* by Henri Nouwen and *Life, Loss and Learning to be a Pilgrim* by Jill Baker

Join Zoom <https://us06web.zoom.us/j/86762479299?pwd=qaOm5GP8evTorUMO6uounEMN37smVp.1>
Meeting ID: 867 6247 9299 Passcode: 404984




To DONATE—scan the QR code and put LENT APPEAL in the description. OR Contact the Diocesan Office on 01631 570870 or email office@argyll.anglican.org

EMBRACE THE MIDDLE EAST is now supporting people in an EMERGENCY APPEAL in the midst of the escalating conflict

Embrace the Middle East partners with trusted local Christian organisations to:

Support education and healthcare services/ Empower women and young people

Provide humanitarian relief in times of crisis/Challenge injustice and promote dignity for all.

Through practical action and long-term development, they help communities build resilience and hope for the future. In a region where many continue to endure instability and deep-rooted poverty, our Lent Appeal offers a meaningful opportunity to respond with compassion and solidarity. Every gift, prayer and act of support will contribute to life-changing work on the ground.

CATHEDRAL LENT BOOK

Opportunities to read and discuss EASTER in DISGUISE

by Liz Dodd

EACH THURSDAY FROM FEB 19

AT 2PM IN THE NARTHEX led by Margi/ Paul

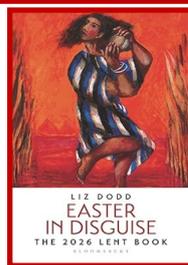
TUESDAY EVENINGS AT 7PM ON

March 10th, March 24th

at 7 Balnakeil, Kirk Rd, Dunbeg,

hosted by Paul and Ina

All are welcome



Lent ... Downwardly mobile

Thought points from our Lent discussion

We are accepted and loved by God because of who we are, not what we have, look like or do...

- If we believe this, then can anyone be counted as less loved by God?
- Does the 'Church' get in the way of God because of how we portray God...

Using the story of Jesus meeting the Samaritan woman at the well — John 4: 5-42

When Jesus depended on the woman for water, she was enabled to have dignity and worth. Although she would have been considered 'racially inferior/ enemy/female/ a sinner', Jesus did not judge but gave her a voice to be the proclaimer of the gospel to her village.

- does the church enable voices/ treat as equal/ proclaim worth exactly because we are who we are?

Does the church need to walk more humbly?

Reflecting with Poetry on Lent by Malcolm Guite

*That we might come at last to his true light
We turn again to him, when all things turn;
The year returns to growth and spring. Our sight
Is blessed with tender green. We learn
To hold the gospel plough, to follow him
And not look back. Our Lenten discipline
Opens deep furrows in the frozen soul
And sheers through the obstruction of our sin,
Harrows our hearts and opens us to him,
Till Christ the Sower finds in us good soil.
Seeds of his kingdom deep in our dark clay
Will stir with hidden growth through Holy Lent,
Will share with him Good Friday's dark descent
And rise to life with him on Easter Day.*



God of the pilgrim path,
 You have walked with your people through the ages:
 Across sea and mountain, through silence and song.
 Bless the Diocese of Argyll and The Isles –
 its islands and shores, its churches and people.
 Renew in us the spirit of pilgrimage:
 Courage to set out, faith to keep walking,
 And joy in the encounters along the way.
 May our journey together reveal your Kingdom
 And our life together reflect your love,
 Through Jesus Christ our Lord. Amen.

OBAN MUSIC
 @ ST JOHN'S CATHEDRAL
 WELCOMES

Duo M
 PARISIANS
 CONTRARIANS



Violaine Melançon, violin Meagan Milatz, piano

FEATURING MUSIC OF
 PHILIPPE HERSANT CAMILLE SAINT-SAËNS GABRIEL FAURÉ
 ERIK SATIE MEL BONIS MAURICE RAVEL

SUNDAY
MARCH 22 @ 2.30 PM

Tickets £15 on the door
 No charge is made for children and young people
 attending our concerts
 Refreshments during the interval
<https://www.obanmusicsociety.com/concerts/>

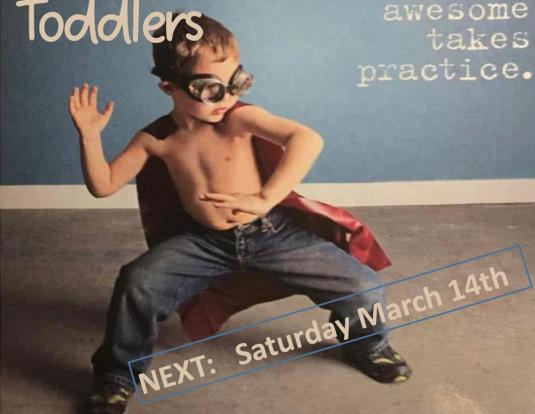
Chamber Music Scotland 

OBAN MUSIC SOCIETY is a voluntary organisation dedicated to bringing top quality classical music and other genre and talented musicians to Oban. Concerts are usually held in St John's Cathedral and often feature our Steinway Model B (made in 2003) housed in the Cathedral. More details of concerts and membership deals can be found at <https://www.obanmusicsociety.com/home/>

ST JOHN'S CATHEDRAL

Dads & Toddlers

anyone can be cool, but awesome takes practice.



NEXT: Saturday March 14th

Bairns...banter...and bacon rolls.
 Second Saturday of every month
 9.30am–11am
 St John's Cathedral Hall (behind Coasters)
 Contact: Paul 07943026773 for more information
 SC016664

St John's Cathedral

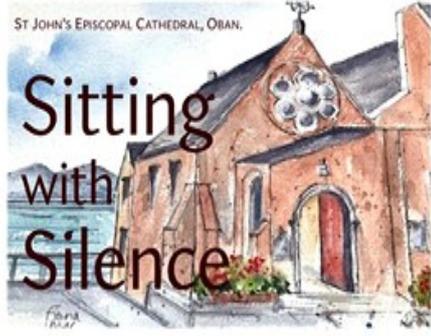
Coffee Morning



Every Thursday
 10.30am ~ 11.30am
 Time to chat....
 Everyone Welcome
 SC016664

ST JOHN'S EPISCOPAL CATHEDRAL, OBAN.

Sitting with Silence



A time for silent reflection with others... with a short guided introduction
12.40 – 1.15pm in the Lady Chapel
 Facilitated by Peter Johnson & Rosemary Power

February 25	March 25	April 29
May 27	June 24	July 29

A chance afterwards to eat lunches together in the Narthex

All are always welcome

VISITS and HOME COMMUNION Please ring Canon Paul on 079403026773 if you would like home communion if you are unable to be at services or would value a pastoral visit.

St John's Cathedral, George Street, Oban.

Women's Group

We will start a 6 session focus on Joyce Rupp's book "The Cup of our life", meeting fortnightly, 10.30am-12.00pm, on Fridays.

NEXT: March 13 in Oban Bay Hotel

The idea of the book is to use the symbolism of a physical cup to explore prayer about every day life. We will learn to pray with a cup in a creative, light way. Topics covered are:

- The cup of life,
- The open cup,
- The chipped cup,
- The broken cup,
- The cup of compassion,
- The blessing cup.

Contact Mal: 07548366545 or Ina: 07854562210 for more information.

please bring your own cup that is special to you, to use in the session :)



Wednesday March 25 @ 1pm at Wetherspoons.

Chat, Ciabattas and Company...

come and enjoy and bring a pal too if you want. Contact Paul Watson on 07943026773 if you need more info otherwise



PRAYERS for March 8

Eucharist Readings: Exodus 17: 1-7 John 4: 5-42

Hymns: SP 81 SP 296 SP 304 NEH 436 Communion: NEH 376

COLLECT FOR THE WEEK

Merciful Father, we have no power in ourselves to help ourselves: when we are discouraged by our weakness, give us strength to follow Christ, our pattern and our hope; who lives and reigns with you, in the unity of the Holy Spirit, one God, world without end.

INTERCESSIONS

Province—Primus Mark, Bishop Dagmar Winter: Bishop Elect in Edinburgh, the Scottish Episcopal Institute Residential weekend for ordinands in training—for students and staff.

Diocese – Bp David; Provost Margi; Canon Paul: Canon Missioner; The Rev'd Tom Ebbens, Chaplain R.N.; Canon Ian, assistant priest (rtd); the people of this Diocese as we discern what it is to be a pilgrim people.

We pray that we may set out in Lent, as pilgrim people, not with every answer, but with hearts open to God's leading. In our travelling – across land and sea, through tradition and change – we trust that Christ walks beside us. Bp David

The people of St John's, Ballachulish, St Adamnan's, Duror, St Mary's, Glencoe, St Paul's, Kinlochleven, St Bride's, Onich, and Holy Cross, Portnacrois with The Rev'd Amanda Fairclough

Anglican Communion – Zanzibar, our companion diocese: Bp Michael Hafidh; the Episcopal Church in Jerusalem and the Middle East: Presiding Bp Hosam Naoum

Porvoo Communion –Chelmsford, England: Bp Guli Francis-Dehqani; Karlstad, Sweden: Bp Sören Dalevi

We continue to pray for churches in Ukraine and the Anglican Churches in Gaza and across the Middle East. ... all places where violence and pain disrupt and destroy lives and especially the tension and fear engendered by the recent escalation of violence.

We pray for peace in the world, in homes and hearts that all may know God's Kingdom in their lives

We pray for the Rev'd Tom Ebbens RN and all military chaplains in their service of spiritual and pastoral care

We pray for our community—for all in the care and medical sectors that each of our gifts to society's enrichment may be valued and enabled to flourish.

We pray for all who are unwell, troubled or distressed: may they know God's healing and strength, hope, renewal, especially for families and all caring for those nearing the end of life

We give thanks for the lives of those who now worship in God's nearer presence, remembering Sonia Sandell, her worshipping life in the Cathedral and in St Columba's Gruline, and pray for her husband Ian, with all those who mourn: that they may know God's comfort and strength.

CATHEDRAL VESTRY MEMBERS 2026

EX-OFFICIO

Provost as Chair

Rectors Warden—Ken Oxland—*plus Assisting Finance*

Peoples Warden & Synod Lay Rep— Colum Scott

Alt Synod Lay Rep—Daniel Stollard

Lead Property— Ken and Colum

Secretary—Margaret Sime

CONSTITUENT MEMBERS

Members: Mark Evetts, Jenny McEvoy, Joy Blakeney,

John Murphy, Catriona Petit

Safeguarding: Catriona Petit

Assisting: Mel Crossley (not vestry)

WAYS of GIVING to the CATHEDRAL We are so grateful to all who give to the Cathedral to safeguard our present & future

BANK: RBS, George St, Oban Sort Code: 83-26-04
Acc: 00178722 St John's Cathedral Oban

For overseas donations

our IBAN is : GB46RBO583260400178722

IBAN BIC (SWIFT) RBO5GB2L

For BACS gifts please enter name or 'anonymous donation' to help with book-keeping.

STEWARDSHIP /GIFT AID contact Susannah Hughes
Via website contact page

OSCR: SC016664

CONTACT DETAILS & INFORMATION

CATHEDRAL PROVOST & DIOCESAN DEAN

The Very Rev'd Canon Margi Campbell *Non work days (2) Friday*

Cathedral: provostoban@argyll.anglican.org 07474911141

Diocese: dean@argyll.anglican.org

Assisting Priest: The Rev'd Canon Paul Watson

07943026773 *limited hours at Cathedral*

missioner@argyll.anglican.org

Assisting Priest (Rtd) The Rev'd Canon Ian Walter

Assisting Priest: (NSM)The Rev'd Tom Ebbens Chapn RN

CATHEDRAL WEBSITE stjohnsoban.org.uk/

CATHEDRAL FACEBOOK: [stjohnsoban](https://www.facebook.com/stjohnsoban)

ST JAMES' WEBSITE stjamesardbrecknish@outlook.com

DIOCESAN WEBSITE: argyll.anglican.org/

PROVINCIAL WEBSITE: www.scotland.anglican.org/

CAF—Charities Aid Foundation

We are now registered for direct payments through CAF—as 'Cathedral of St John the Divine' find under that title or at

<https://www.cafonline.org/system/donate?dbid=84ae628419dd4585a209b68bfbcb8f5ac>

Not got cash? The Cathedral can now take CARD PAYMENTS

The Cathedral now has a Card Reader and can take Weekly collection, Organ Donations and or Coffee donations by card. Please do give it a go! It will be on the book desk on arrival and at coffee.

We hope that this will help as less cash is carried and help those banking!

